



**Evry Health**  
A GLOBE LIFE COMPANY

**Bringing humanity**  
to health insurance

## Free Digital Wellness Solutions from Evry

Evry members receive a personalized care plan full of free resources to help you live above and beyond the standard insurance benefits.

A beautiful mobile-app gives you easy access to Evry partner programs including customer support and a dedicated nursing care team.



Partners you can trust.

**\$0**

Unlimited access to the programs you need to be happier and healthier.



Free telehealth services, including therapists and psychiatrists. See the same trusted board-certified provider every time.



Unlimited 24/7 online pediatric visits  
No per-visit fees, no copays, no after-hour charges.



Making chronic illness optional



All-in-one solution for treating chronic joint and back pain



Fertility, pregnancy, postpartum and parenthood support for women



On-demand alternative to psychotherapy



12-week treatment program to improve mental health



Support for diabetes, hypertension, weight loss, and joint and muscle pain



Support and caregivers for cancer patients



Addiction treatment programs

## Earn up to \$1,000 per year on your Evry Reward Card

No more confusing point systems. Have fun and get healthy earning spendable rewards at select retailers nationwide.

Your rewards card will be arriving soon with more information on benefits and participating retailers. Please refer to the member benefits guide, member portal or customer service for more details on the Evry rewards program.

Offering incentives to  
improve outcomes.



### Earn \$20 Become an Evry Member

\$20 has already been loaded onto your card. Welcome!

### Earn \$100 Complete your Health Survey

Take the 15 minute survey that will help your dedicated Evry Care Team provide personalized resources for you. They will help you become healthier, manage ongoing conditions and save money on healthcare and prescriptions.

### Earn \$25 Meet your Evry Care Guide

Schedule your first meeting with your Care Guide who will walk you through the free services available to you as part of your Evry Care Plan.

### Earn up to \$250 Sign up for a Wellness Program

Get \$50 to begin a wellness program and \$75 if you complete one. There will also be rewards during your journey. You can earn up to \$250 during the first two programs you participate in every year.

### Earn up to \$100 Start an Exercise Program

Evry will pay for you to try a new fitness activity. Try yoga, kickboxing, a spin class or a training session (just to name a few!) and send us a copy of your receipt to earn.

If you're already participating in a qualifying activity, send us the receipt or attendance record. Receive as much as \$100 a year at \$50 per activity for the first two activities you sign up for.

### Earn \$25 Sign up for Free Telehealth

Register on the Dr. on Demand platform and have your first virtual visit. There is no cost to you.. we'll even pay you for getting started with virtual care!

### Earn \$200 Achieve a Goal

Send us a picture of your registration form, a picture of you wearing your participant number and your event results to secure your reward. Our list is long: marathons, rowing meets, Cross-fit qualifiers, swimming or rock-climbing races, and Masters-level competitions. Talk to your Care Guide for the full list of qualifying events.

Unlock even more rewards based on your participation and achievements!



# Personalized Evry Care Guides.

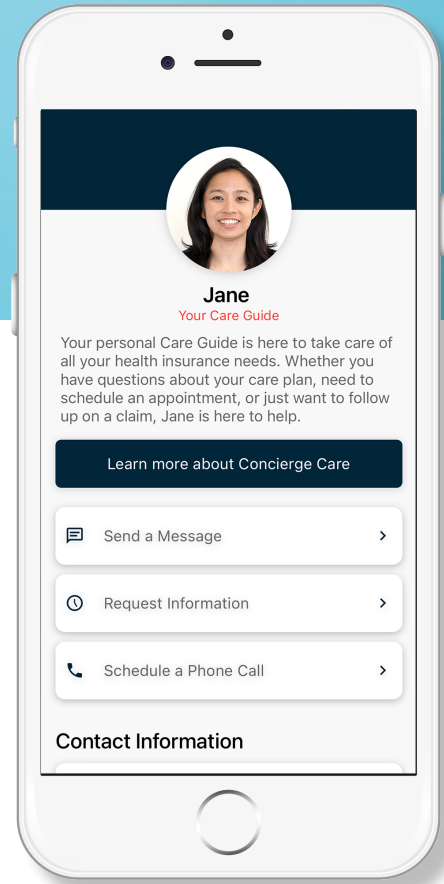
## One-on-one attention.

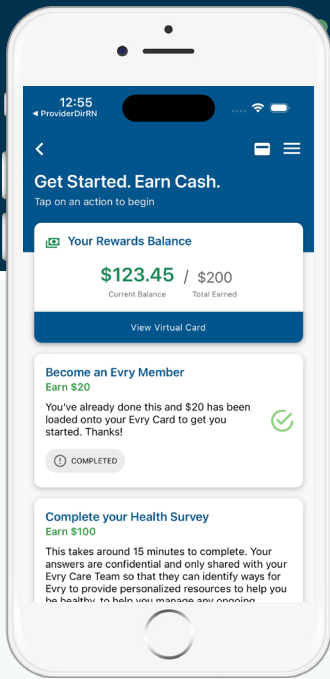
At Evry, we do more than just pay bills when a member gets sick. You and your family members will have a personal Care Plan and a Care Guide assigned to them.

During the enrollment process when you activate your online account, we ask a handful of questions to get to know each of our new members. This helps us to place you into a Care Plan that fits your needs.

## Each Personal Care Guide will:

- Help schedule a doctor's appointment
- Solve issues ranging from an unexplained bill to filling out paperwork
- Explain the personalized Care Plan and benefits
- Give helpful advice and useful educational information
- Find ways to save time and money
- Help members prepare for procedures
- Help with admissions, discharges, and follow-up care
- Match members with the right doctor or specialist for their condition
- Help members find an in-network doctor
- Answer questions about member benefits and health plan coverage
- Help members explore the Member Portal and its features





# A healthcare experience you'll enjoy.

One phone number for all your Evry-related questions.

Don't wait! Give us a call and speak with a live person *in less than 30 seconds.*

**1-855-579-3879**

M-F • 9am-5pm CST

Customer Service and Member Services

*(Including language support for non-English speakers)*

[support@evryhealth.com](mailto:support@evryhealth.com)

Email us with any customer service questions you have.

## Find Providers

Find the right doctors, specialists and facilities for you and your family.

## ID Card

View and share your digital Member ID card.

## Manage Claims

Review claims and access your Explanation of Benefits.

## Check Rewards Balance

View your current balance and earn up to \$1,000 per year.

## Contact A Care Guide

Get personalized care and learn about all the other free benefits available to you under your Evry plan.

## The Evry Premier Network

Find what you need quickly

Visit the provider directory at [evryhealth.com/providerdirectory](http://evryhealth.com/providerdirectory)

Check drug coverage at [evryhealth.com/formulary](http://evryhealth.com/formulary)

Access 24/7 virtual care

Use the Evry Member Portal or mobile app to talk with a doctor or therapist for free over the phone or by video anytime, anywhere. Providers can even order prescriptions and lab work.

**blueberry**

Telehealth • Pediatrics

Traveling & have an emergency?

Don't worry! Emergencies are always treated as in-network wherever you are.

**dr.** on demand

Telehealth Access

Download the Evry App to get started.

Available in the Apple App Store & Google Play Store. Scan the QR code to download.



	Option 1	Option 2	Option 3	Option 4
Plan Name	EPO 0 Premier	PPO 0 Premier	EPO HDHP	PPO HDHP
<b>Deductible</b>	\$0/\$0	\$0/\$0	\$3,000/\$6,000	\$3,000/\$6,000
<b>Out-of-Pocket Max Individual/Family</b>	\$5,250/\$10,500	\$5,250/\$10,500	\$7,000/\$14,000	\$7,000/\$14,000
	\$1,500 RX OOP Max	\$1,500 RX OOP Max	\$1,500 RX OOP Max	\$1,500 RX OOP Max
<b>Coinsurance</b>	80% coinsurance	80% coinsurance	60% coinsurance	60% coinsurance
<b>Office Copay (PCP/SPC)</b>	\$0/\$0	\$0/\$0	Deductible, 60%	Deductible, 60%
<b>Inpatient</b>	80% coinsurance	80% coinsurance	60% coinsurance	60% coinsurance
<b>Urgent Care</b>	80% coinsurance	80% coinsurance	Deductible + 60% coinsurance	Deductible + 60% coinsurance
<b>Emergency Room</b>	\$300 copay + 20% coinsurance	\$300 copay + 20% coinsurance	Deductible, \$300 copay + 60% coinsurance	Deductible, \$300 copay + 60% coinsurance
<b>Pharmacy</b>	\$0/20% coinsurance	\$0/20% coinsurance	\$0/35% coinsurance	\$0/35% coinsurance
Rates				
Tier	Monthly Premium	Monthly Premium	Monthly Premium	Monthly Premium
Employee	\$706.42	\$883.02	\$506.36	\$632.94
Employee + Spouse	\$1,480.21	\$1,850.25	\$1,195.25	\$1,494.05
Employee + Child(ren)	\$1,342.18	\$1,677.73	\$898.77	\$1,123.46
Employee + Family	\$2,189.87	\$2,737.35	\$1,542.03	\$1,927.54



# Evry Health

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Shannon Penney PPN • (469) 626-1722 • [Spenny@drppg.com](mailto:Spenny@drppg.com)

[evryhealth.com](http://evryhealth.com) • 1.855.579.EVRY (3879) • TTY (711)